

# What You Should Say in the 3 Most Common, Confusing and Critical Dating Situations



# Thanks for reaching out to learn exactly what to say to a guy during the three most common, confusing and critical dating situations.

It's hard to be a woman with normal insecurities AND radiate warmth and confidence AND establish healthy boundaries AND make men respect you and want to commit.

In fact, it's so hard that you've probably been in these situations a few too many times.

Don't worry. Your answers are only a few seconds away.

Click on the questions below to establish healthy boundaries and communicate with men so they really listen to you.

Warmest wishes and much love,



## ➤ **Common, Confusing and Critical Situation #1**

*You're being pressured into having sex with a man who's not your boyfriend.*

## ➤ **Common, Confusing and Critical Situation #2**

*You're dating a man for 6+ weeks who's still not stepped up to be your boyfriend.*

## ➤ **Common, Confusing and Critical Situation #3**

*You're dating a man you're not attracted to OR you're dating a boyfriend you never see yourself marrying.*

# What You Should Say in the 3 Most Common, Confusing and Critical Dating Situations

## Common, Confusing and Critical Situation #1

*You're being pressured into having sex with a man who's not your boyfriend.*

It's a first date. It's a third date. It's a fifth date. It doesn't really matter. Point is that this is just the new guy you're seeing; he's not at all committed to you.

Then again, at this moment, that's the last thing on your mind.

You've had a couple of drinks. You rush back to his place. The kissing starts immediately. He strips off his shirt and leads you back to the bedroom.

It's been awhile. It feels incredible. You don't want it to stop. But at some point during foreplay, you recall that this man is not your boyfriend.

You have no idea if you're compatible.

You have no idea if he's seeing someone else.

You have no idea if he wants you (or anyone) as a girlfriend.

All you know are these two contradictory impulses:

- *Yes, I want to have sex with him right now!*
- *Almost every time I've had sex with a guy I barely knew, it didn't work out and it didn't feel good for a long time afterwards.*

What's difficult to calculate when you're tipsy, horny and living in the moment is that sex is just a temporary high. Afterwards, you tend to spend a lot of time worrying about whether he's going to text, call, or make plans to see you again.

Sex without commitment is not "wrong," but the experience (and oxytocin bonding) of intercourse often creates intense feelings of neediness and obsession for weeks after your initial encounter.

Because of this, you need to know EXACTLY what to say to the cute guy who wants to sleep with you, especially when you know that sex would likely be a mistake.

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## Script for Common, Confusing and Critical Situation #1

*You're being pressured into having sex with a man who's not your boyfriend.*

So, what do you say to him?

First, let's establish some terminology: the speech I'm about to share with you is called the "Sexclusivity" speech.

It assumes two things:

1. You don't like the feeling of sleeping with a guy who's still looking for other women online and...
2. "Exclusivity" is a legal loophole, a word men use when they're not sleeping with anybody else but aren't yet committed to you.

In other words: just because he's "exclusive" doesn't mean he's your boyfriend.

And since you want a boyfriend, your policy has to be **sexclusivity – not sleeping with a man until you and he have agreed to become boyfriend/girlfriend.**

I wrote about this in my bestselling book, "[\*Why He Disappeared\*](#)", and I'm excited to share with you EXACTLY what to say when a guy is pressuring you to have sex without commitment.

By the way, your sexclusivity speech is delivered while he's reaching for a condom, not while you're having appetizers. In other words, it's said in context, not out of the blue, which sounds like you're so nervous, you don't trust your own words.

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For this to work, you have to BELIEVE this when you say it:

*"I'd LOVE to have sex with you right now. It's just that I don't sleep with anyone who's not my boyfriend. Trust me, I'm not pushing for a commitment; after all, we barely know each other. I'm just saying that, as much as I want you right now, I don't like having sex with someone who's still looking for other women on Match. You can understand that, right? So, tell you what: let's continue to have fun, and if we both decide in a few weeks that this is a relationship worth exploring, you're in for the night of your life. In the meantime, I can think of some other things we can do in bed..."*

Then you go back to enjoying foreplay.

The above statement illustrates four important things:

- 1. You're attracted to him and you really do want to have sex with him.** This makes him feel good and doesn't make the "no sex" part feel personal.
- 2. You respect yourself and set healthy, reasonable boundaries.** Men may push for sex, but they really do respect women who have sexual boundaries. By saying yes to foreplay but no to intercourse, you show a man you're a sexual being who's discriminating in her choice of partners.
- 3. You're not pushing him for a relationship.** This isn't a ploy to trap a man into a commitment. This is your chance to buy yourself time to see how he shows up as a relationship partner before you hop into bed with him. This has to be crystal clear to both you and him: he may qualify as one-night-stand material, but you're still in the process evaluating if he's boyfriend material. That may take a few weeks more.
- 4. You get to see where he stands on your relationship.** If he never calls you after your exclusivity speech, problem solved: he's not boyfriend material. You didn't scare him off. He just realized he wasn't getting laid easily and it wasn't worth his time. However, if he comes back for another date after you said no to sex, it shows he's serious about potentially being your boyfriend, not just trying to get some action.

A man and a woman are seated at a restaurant table, smiling and looking at each other. The man is on the left, wearing a light blue button-down shirt, and the woman is on the right, wearing a white ruffled top. They are both holding glasses of water. The table is set with plates of food, including a salad and a main dish. The background is softly blurred, showing warm, glowing lights from the restaurant.

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# What You Should Say in the 3 Most Common, Confusing and Critical Dating Situations

## Common, Confusing and Critical Situation #2

*You're dating a man for 6+ weeks who's still not stepped up to be your boyfriend.*

You had sex with him after 3-5 dates. No judgment. Happens all the time. But you really like him, you don't want to screw things up, and you want him to commit.

But judging by his follow-up behavior and effort, he doesn't seem to be close to committing. He keeps in touch by text. He doesn't call much, if at all. He makes plans once a week - or once every other week when he's busy. Even though you have fun when you're together, when you're not together, you worry and agonize about your future together..

Isn't that odd?

Here's a guy who treats you well when you see him, and yet he's failing the most basic boyfriend test: he doesn't make you feel like a top priority. And isn't that a boyfriend's job - to make you feel like a top priority?

Sure is.

As a result, you feel these two things:

1. An overall sense of nervousness about the fate of this "relationship." You know that this guy's ambivalence and indifference is not a good sign, but you like him so much that you're willing to put up with it. You pretend to be the cool, no-strings-attached woman even though you're feeling anxious on the inside. You continue to fall for him and hope that he falls for you, while willfully ignoring the fact that this is NOT the behavior of a man who's falling in love with you.
2. To fill the void between his texts, you start doing his job. In other words, you start to court him, just as you'd like him to court you. You ask him how his week is going. You text him flirty things during the day. You ask when you're going to see him again. You make plans and invite him out for the weekend. In short, you're compensating for his lack of effort, and, as a result, you're giving CPR to a "relationship" that's on life support. Sure, he

# What You Should Say in the 3 Most Common, Confusing and Critical Dating Situations

may respond to you because he's bored (who can blame a man if he can get laid without any effort?), but you can tell how he feels about you from his long silences. Men who are excited about you ACT excited about you. Men who are not excited about you text a few times a week while they're searching for someone else they DO want as a girlfriend.

Do those scenarios sound a little too familiar?

Well, guess what? You NEVER have to be in this position again.

If you've been sleeping with a man for six weeks and your entire relationship consists of texting and once-a-week sex, you already have your answer: this is NOT your boyfriend.

Furthermore, he is NEVER going to be your boyfriend, or he already would have stepped up. Keep reading to learn exactly what to say to him.

# What You Should Say in the 3 Most Common, Confusing and Critical Dating Situations

## Script for Common, Confusing and Critical Situation #2

*You're dating a man for 6+ weeks who's still not stepped up to be your boyfriend.*

Let's reset the scene:

You're seeing a guy for nearly three months. And by "seeing" him, I mean that you've been sleeping with him once a week since you've met and staying in touch by text. Maybe he takes you out on actual dates on the nights he sleeps with you. Maybe he just invites you over for a little "Netflix and chill," but either way, there are few phone calls, few plans in advance, and virtually no talk about the future. Exactly the way he intends it.

Don't get me wrong: this guy may be charming, cute, smart, kind and charismatic. He may even sincerely want to fall in love and build a family one day. He'll probably be a great boyfriend and husband for someone. Just not for you.

You know this already because if he wanted to be your boyfriend, he'd already be your boyfriend. The fact that he sees you once a week, doesn't hang out with you platonically, hasn't introduced you to his family, hasn't talked about the future, and pretty much only communicates by text tells you everything you need to know. Doesn't matter if he treats you like gold when you're together. It means that when you're apart, you barely exist to him – regardless of how much fun you have on your sporadic dates.

This is a dead end. The only thing you can do is walk away – even though it's hard.

Walking away is not saying, "So where is this relationship going?" or "Can we talk about 'us'?" or "How come I don't hear from you more during the week?"

Those are all weak attempts to negotiate with him to change his behavior.

This is not a negotiation. This is a declaration.

# What You Should Say in the 3 Most Common, Confusing and Critical Dating Situations

His inconsistency has already given you the answers:

- There is no “us.”
- This relationship is going nowhere.
- You are not his girlfriend, nor are you going to be his girlfriend.

So, all you have to say to the non-committal man who’s still not declared himself your boyfriend after six to eight weeks is this:

*“It’s been fun hanging out with you for these past few months, but I’m not looking for a once-a-week fuck buddy or another guy who thinks texting is a relationship. I’m looking for a boyfriend who wants to one day get married. Based on your efforts, it seems it’s not going to be you, which is why I’m going to have to say goodbye. No hard feelings. I sincerely wish you the best of luck in your search. But please, don’t contact me anymore. I’m moving on and don’t wish to hear from you when I’m looking for my future husband. Thanks for respecting my wishes.”*

Why take such a strong stand?

Well, what’s the alternative?

Keep up this weak guessing game, hoping that he’s going to fall in love with you? Go ahead, give it a shot. But first show me a bunch of happily married couples who spent four months casually hooking up before they became exclusive. Fact is: people become couples FAST – often within the first three dates, but generally not much longer than 6-8 weeks.

If you’re not settled with a guy by then, he’s ambivalent, he’s using you until he finds someone better, and there’s no one to blame for the situation except you.

And if, by some miniscule chance, you cut off the guy who really wanted to be your boyfriend (even though he gave no indication of it beforehand), guess what? He’ll beg you to reconsider. You can change your mind and live happily ever after.

Except we both know that isn’t what’s going to happen.

You’re going to give your speech. He’s going to look at you with a half-smirk, half-frown, knowing that his selfish little gravy train has come to an end. And he’ll

# What You Should Say in the 3 Most Common, Confusing and Critical Dating Situations

frown, knowing that his selfish little gravy train has come to an end. And he'll respond:

*"You're right. You deserve more than I can give to you. I can respect that. It's been fun. And if you're ever lonely one night and want to get together, please let me know."*

Then he'll hug you goodbye and you'll move on with your life, instead of wasting months or years on a man who has no desire to commit to you.

You just need the courage to say what I told you and trust that being single gives you a much better chance of finding Mr. Right than waiting for Mr. Once-a-Week to step up.



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This is a declaration.**

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## Common, Confusing and Critical Situation #3

*You're dating a man you're not attracted to **OR** you're dating a boyfriend you never see yourself marrying.*

It's one of your greatest traits: you're a nice, caring, sensitive person.

Whether you've gone out with a guy two times or for two years, your moral center still tells you the same thing:

You don't want to hurt anybody.

You don't want to rock the boat.

You don't want to devastate him.

You don't want him to take it personally.

You can't bear to be the one to cause him any pain.

So you keep seeing him.

Even though he bores you to tears.

Even though you can barely work up the will to kiss him.

Even though you're sick of his lies and temper tantrums and selfishness.

Even though you know there's no way you can tolerate this man for the rest of your life.

We can go on, but you get the point: you've told yourself a story that's not true:

You've told yourself that you're being KIND by staying with a man you will never marry, when, in fact, you're actually being CRUEL.

That doesn't make you a bad person. Not at all. It makes you a normal person – a person who prefers to avoid conflict than to embrace it. The problem, of course, is that, if the roles were reversed, you'd absolutely want a man to tell you the truth.

Could you imagine a man who wasn't attracted to you continuing to take you out for three months, all because he was too afraid to say he wasn't interested?

Could you imagine a man who knew he was never going to marry you wasting your

# What You Should Say in the 3 Most Common, Confusing and Critical Dating Situations

time for three years, all because he didn't have the guts to break up?

You probably could, because men do it all the time.

Ask him why and he'll swear he's "too nice," but really, he's being selfish and conflict-avoidant. To avoid being a jerk, he does nothing, and allows you to fall deeper for him.

Sorry, but that's not nice. That's cowardly.

You can – and should – do better than these men.

Keep reading and I'll show you how.

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## Script for Common, Confusing and Critical Situation #3

*You're dating a man you're not attracted to **OR** you're dating a boyfriend you never see yourself marrying.*

Here are two important concepts from Love U:

*1. A man can be a good person, but it doesn't mean he's a great boyfriend.*

You've seen this throughout your life and have had a hard time making these subtle, but important distinctions.

A man can be smart, interesting, attractive, successful, generous, a good man and a good father, but that doesn't necessarily mean that he's a good PARTNER.

Good partners are patient, supportive, selfless, understanding, patient, and consistent.

While you may be deeply attracted to a man - even in love with a man - that doesn't mean he's treating you well or that you're happy in the relationship.

And if you're not happy in the relationship, you have to end it – despite the sunk costs, the deep love, the potential, and the fantasy you had about him becoming better in the future.

On the other hand...

*2. A man can be a great boyfriend, but it doesn't mean he's the man for you.*

You've undoubtedly had the agonizing experience of being with a partner who's just not doing it for you. You may or may not be able to put your finger on it, but instead of looking forward to your time with him, you're sort of ambivalent about it. Maybe you even dread it. You wait a day to return his calls. You find excuses not to see him. You think about the grass being greener all the time, but you don't take any action on it.

# What You Should Say in the 3 Most Common, Confusing and Critical Dating Situations

You keep dating a guy that you can't see yourself marrying because:

- It's nice having such a devoted guy, even if you're not that attracted to him.
- You remember how awful it was to be single and dating.
- Good men are scarce - especially at a certain age.
- You've been told to compromise on men; maybe this is the best you can do.

Yet in both situations, you're making FATAL compromises.

In the first situation (good person, but not a good boyfriend), you're staying with a man out of love, passion and devotion – even though you're incompatible and your relationship isn't bringing you joy.

In the second (great boyfriend, just not the man for you), you're staying with a devoted man in spite of the fact that your relationship doesn't fulfill you.

BOTH are losing long-term propositions. Which is why, despite your fear of being alone and starting over, you're better off single and looking than staying in an unfulfilling relationship.

So here's what you have to say. These are two short paragraphs. Feel free to customize either of them as you see fit, but they should cover both scenarios.

## **For the guy you've been casually dating and have trouble cutting loose:**

*"Hey, I just wanted to let you know what a pleasure it's been getting to know you over the past few weeks. You're a great guy and every time we went out, I had fun. Meeting you really helped to restore my faith in good men. For that, I thank you. Unfortunately, I'm not feeling the necessary connection to escalate things to a long-term relationship. It's just a feeling, but I have to trust it. Instead of being one of those women who ghosts, I figured it'd be best to let you know the truth as soon as possible. Anyway, thanks for being you. I'm sure you're going to make some woman very happy one day."*

You can say this by email if you've only gone on a date or two. It may be nicer to do over the phone if it was closer to a month of dating. Avoid texting entirely.



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## For the long-term boyfriend you're breaking up with:

*"First of all, I love you. You're my best friend and have meant so much to me over the past few (months/years). You know me better than anybody and I'm very lucky to have been your girlfriend and seen the very best of you. In spite of that, after much deliberation, I feel like we have to break up. I'm not going to throw around a bunch of clichés about "I love you but I'm not in love with you," or "it's not you, it's me." All I can say is that our relationship isn't making me happy anymore and it hasn't for some time. We've talked about it before and I want to make it clear that it's not your fault. I think we're just like two puzzle pieces that don't fit right; I want to make it fit, but in reality, it's a little too much work for both of us. This is hard to say and I know it's not easy to hear but it's the right thing to do. You should find the woman who accepts you for all you are and I need to find a man who's a better long-term fit for me. I think we both deserve that and I hope that one day, we can be friends again. For now, however, we need to go our separate ways to heal."*

To sum up: breaking up is not a discussion. You're a CEO who is firing a valued employee who's not a good long-term fit for your company.

Similarly, breaking up is not a month-long process; it's over in a matter of seconds. You should let him vent and ask questions and beg you back, but the act itself is as quick as ripping off a Band-Aid. The decision is made and it is final.

Your strength and conviction when breaking up – instead of dragging this out for weeks with sad discussions and make-up sex – will allow him to move on to a woman who's right for him and, more importantly, allows you the freedom to find an attractive man who has the capacity to make you happy over the next forty years.

Finally, as I said in the speech, to make your breakup successful, you have to cut him off entirely (presuming he's not the father of your children) until you're fully healed. No best friends. No sex on the side. No late-night conversations. No "miss you" texts. No Facebook likes. Cold turkey. The only way to successfully move on from a man is to get enough distance from him to appreciate new men. As long as you continue talk with him, that will be impossible, and you'll be stuck, unable to bring new love into your life.

# What You Should Say in the 3 Most Common, Confusing and Critical Dating Situations

I hope you learned a lot from this special report on exactly what to say in the three most common, confusing and critical dating situations.

Once you've digested this information and taken the above advice, you're ready for the next step in my process: letting go of the past, embracing the present and dating with confidence.

No matter who you are, dating can take a serious emotional toll on you.

You can get so burned out by men who lie online, guys who aren't looking for anything serious, flakes who come on strong and disappear, and good guys who are not suitable life partners that it makes you want to give up entirely.

It makes sense. Dating causes pain. To avoid pain, you're going to avoid dating.

The problem is that you're also avoiding the possibility of unconditional love.

# READY FOR MORE PERSONALIZED SUPPORT?

You can learn a lot about dating and relationships from a guide like this. But there comes a point when you need to figure out what applies specifically to **you**.

For over two decades, I've helped smart, successful women trust their judgment, date with intention, and choose partners ready for commitment.

I work with a small number of women in a private advisory relationship, guiding them through the dating process into lasting love.

[Schedule a Private Consultation](#)

*Let's talk about your unique situation and determine the right path forward.*



**EVAN MARC KATZ**

Dating and Relationship Advisor for Successful Women

20+  
YEARS

35M+  
READERS

13K  
WOMEN COACHED

