



## Men Behaving Badly

## **Top Ten Takeaways**

- You CAN'T react to every single bump in the road. You have to choose your battles.
- The rubberband effect: men pull back and then snap back. Give him the freedom to retreat to his man cave from time to time.
- A guy who is your boyfriend will feel bad if he's not pleasing you. Your job is to show him how.
- 4 Love is a commitment to the commitment; it's not a feeling.
- The right man says "I've got it good. I can't just take, I have to give back."
- 6 All good qualities come with bad qualities, but the good should far outweigh the bad.
- Accept his personality as is or find a new boyfriend. It's not fair for him to walk on eggshells around you out of fear he may upset or offend you.
- 8 Don't try and change a man who is not asking to be changed.
- When a man tells you you're too good for him, tell him, "you're right!"
- Learn to let go of the way you think things are supposed to go. Even the most well-intentioned men get it wrong sometimes.